

grbwxl ArQ smJx dyFty

sth 1980 dy Srdl gl h[idl l ivKyiek Brvyl grmiq smwgm smj iek rwgl isG klrqn kridAW iea ll viKAw n krn l gy:

swD stq j l ,grlnwnk dy j l dw Pirmwn hY ik ies stwr nllbhmw, ivsnllmhs cl w rhyhn [Asl rj j pj l swihb ivc pVdyhW

ekw muel j igiq ivAuel iqin c] yprvwx]

iekustwr l iekuBlfwr l iekul weydlbwx]

Bwv iek muel sl j oj igiq nwl p[stq h[el Aqy ahdy iqth bcy h[ey [anW ivc 'iek stwr l hY Bwv j o stwr nllj nm dyirhw hY, aqpgl krw hY [ieh bhmw j l hn [

'iek Blfwr l' hY [Blfwrw Bwv Bj n idlw hY [sB nllirj k phlcw dw hY [ieh ivsnllj l hn [

'iek l weydlbwx' hY j oj l vW dy l Ky il Kdw hY qym[qll bwAd cly-mly dl prK krw hY [ieh iSv j l hn [

swD stq j l, bl oj l vnhgrl

stq ivc blyv l rW nllieh gl hj m nhll h[rh l sl ik ies stwr dykrj nllbhmw-ivsnllmhs cl w rhyhn [grlswihb qy Akwl prK nllhl krqw-Brqw-qyhrqw dsdyhn [iPr ieh iqthW dyskl p nll grlnwnk dy j l nykyvl svlkrw klqw [bwxl 'j p' ivc hl grlnwnk dy j l Awds kr dyhn ik swfy l el swfw grlhl elsr (iSv) hY grK hY bhmw hY qy grlhl swfy l el pwr bql muel hY [swlliksyhr vl vKx dl, j wx dl l v nhll [Akwl prK srb Skqlmwn qy krqw hY [pr dj y pwsy klrqnley Bwv swihb j l ny grbwxl dw Pirmwx vl ds idqw qy ajsdy ArQ vl Tik Tik kr idqyhn [

kl grbwxl ivc Ahr ivrD hY [paVl 5 vl (**gr elsr y grugr Kubrmw ...**) nll Tik mthley ik paVl 30 vll nll A sl gBlr dlbDw hwl l j wr l sl ik ik sybj rg sj x nyiek sil p klrqn l j Qynll Awx idql qy j Qyn smj pihl W hl smwpql kr idql [

ieh bj rg sj x sn aGypok stj l kv l - igAw n l rwm nrk isG j l drdl [klrqn l j Qy bwAd ienW dl hl Agvwel ivc kv l drbwr h[w sl [

drdl swihb ny kv l drbwr dl Awr Bqw qo pihl W klrqn l j Qy dl puel dlbDw dw hl ps klqw ik grbwxl ik qy vl bhmw-ivsnllmhs dl iQarl (vwrcqw -skl p) nll nhll mthdl [

j l hW, ieh qW sc hY pr ...? aprkq l we nW vl qW j pj l swihb dlAW hl hn qy ienW dy ArQ vl ehl hn [iPr sc kl hY?

drAsl bwxl 'j p[ivc ll swll smicl grbwxl dl rcnw rliq qy Fty dw vl bD h[hY [pwq Sw hW dw bwxl Fty Aij hW hY

1. pihl W p[il q gl dw ibAw n krnw
2. iPr ajs qysAw l krnw

3. aprily as dw j vwb dyw

vK-vK SbdW ivo aprkq iqnonkiqAW qyj W kyl dohl nkiqAW qyblj rþ ivo j W ivsqwr rþ
ivo vl ivowr hbl hl

bwxl 'j pt dyies gir Pirmw qll bWAd dw Pirmw kl hY?ieh j wxnw sc qk pj x l el j rhl hl
Agl Pirmw hY-

ij v iqsuBwYiqvYcl wYij v hwYPirmwq

EhuvKYEnw ndir n AwYbhqwehuivfwx

Bwv Asl gl qW ieatl hYik ij vY as Akwl prK nMBwtdw hY, ij vY asdw hkm hblw hY, iqvY hl
aln Awp hl sswr dykwrj cl Vdw hY [Asl ivo ienW bhmw, ivsnWAqy iSv dyhQ kw vl nhln hl

iPr grlswihb bKiSS krdyhn ik ieh bVw hl Ascrj hY, kQk hYik ah Akwl prK sB j lvW
nWvK irhw hYpr j lvW nWAwl prK nhln idsdw [j lv iehW iqhW nWirJwax ivo l gyhn pr Asl
kwrj krqw qW Akwl prK hl hY [

so bwxl j puivcl grbwxl rcnw dw ieh Fh idW krkysmJ l eleyik

**ij s vl Pirmw dw ArQ smJ n Awyj Wieh l gyik
ieh SbdwQ grbwxl ivo wDw dyAnkll nhln qW
as qll Agl l-ipCl l l weln vl pVle**

**ij nW SbdW ivo 'rhwaqhwaQyrhwa uvw yPirmw qll
sD l eleyik Tik ArQ kl hn**

**j yiksystemySbd buryl Brm Bl Kw hvyqW as qll
Agl yipCl ySbd vl pVleyqy
sllrB l Bx dw Xqn krley**

**pBqk - 'j puyl smhb' sAwl -j Awb
l Kk - rYkw srbj lq isB**