

vifAweI vlcwru

j pu j I swihb ivc hkm hē -

Allmē vj w scunwauvifAweI vlcwru

Biv pBiq vj y j dli swfiv mn sēwark kPKiVAW qy Jihji AW qli mikq hēw hē Aij hysmē sdw iQr rihx vwl y scy pBU dw nwm ismrley Aqy ais dIAW vifAweIAW dl vlcwru krley[sacley iclēn qy mnth krleyik pBU dygk kl kl hn? Sbd dyArQ kl hn? Biv ArQ kl hn? Auid

1. 'vifAweI vlcwru kl hē?

'vifAweI vlcwru dw Biv hē pBU dl sBw krnl, grbwxl nllsmJnw, vlcwrnw, crcw krnl mn, biD dyql qli hr gihw j w kyAnBv dl AvsQw qybwxl dyArQw rwhln scy pBU dw gkgn krnw, smJ smJ kyisPiq swl wh krnl[

2. vifAweI vlcwruikalj rēI hē?

swnlhkm hē ik Allmē vj y vifAweI vlcwru krē[Aj Asll Allmē vj y klrqn kr dy hē, sxdy hē, inqny 5 buxIAW dy pwt kr dy hē, 'Awsu kl vwr' dw klrqn kr dy hē pr vifAweI vlcwru qw kr dy hl nhln[

cwhldw qw ieh sl ik klrqn rwhln, inqny rwhln vifAweI vlcwru klql j vdl pr sc ieh hē ik Sbd gweyj w rhyhn, skyj w rhyhn, pwt klqj vdyhn pr vifAweI vlcwru nhln ho rhl[swnlpqw hl nhln l'gdw ik Asll kl pVh rhyhw? kl gw rhyhw? kl sē rhyhw? ies dw Aklrlv Biv kl hē?

3. iek qzrbw

ipCl ykw smē qli i dAwxw ivKykw vlrWBkwl vl n 'vifAweI vlcwru krn dw iek qj rbw klqw j w irhw hē[ikv]?

- Allmē vj y ky l ADy Glt y l el j v bT dy hn[kēl hr acc nhln kr dy - pkuS, pBwd, ivCweI.....[iksymj dyAwl y-dIAW y j w zmln qysrkl bxw ky bT j vdyhn[
- sBnw nllsē grlgw swihb stik dl iek-iek pQl dy idēy hn[
- I Vlvw iek-iek Sbd dy ArQ kēl iek vlr/Bk pVēw hē qy bwkl sj x **ky l sxdy hl nhln sgl sAwl vl pQdyhn qy Awpxy vlcwru vl dsdyhn[**
- I v pk qy stikw ivclē AKy Sbdw dy ArQ underline kr I vdy hn j w Awpxy nts vl nwl -nwl il K I vdy hn[
- ky l iek vlr hl l gwqwr bē dw nhln rihēw **sgl swry ivcwr sWdy kr dy hn qy ieh crcw dw rē bx j vdw hē** hē, kēl iek kAwrflytr dy qē qy smēl ivcwr nlltik idsw vl cl vdw rihēw hē[
- smw ADw Gltw qli nhln vDvdy ikalēk svr vj y sBnw ny Awpo Awpxl ikrq-ivrq l el vl j wxw hēw hē[swry Allmē vj y inqny Awpo Awpxw kr ky Awady hn j w l jt hē qy Awpxy Gr j w ky sēn kr dy hn[
- vifAweI vlcwru dl Awrbqw 5 vwr l **mēkrw kymē mlēr (< qli grpēwid) qy grmlēr (vūhgrē)** dy j wp kr ky klql j vdl hē[

8. kw imitW l el ipCl y idn dl klql ivcwr nMdlhrwaly hn iPr nvj Sbd dl vlcwr kr dy hn [22 vwrW dl l Vlvwr vlcwr cl rhl h['isrlrwg kl vwr', 'mWJ kl vwr', 'gjj rl kl vwr mhl w 4' qy 'gjj rl kl vwr mhl w 5' dl vlcwrW hetAW[hX 'Aisw kl vwr' dl vlcwr cl rhl h[**iehnW sBnW dw ræwnw dw Bj n bx igAw hYik nvW igAw n iml y nvll gl smJ Aw**]

4. AnBv:

vifAwel vlcwrudw sdkw vK-vK mlbrW dy AnBv vl kmwl dy hn [ij vjt -

- **siqgruj nl n sjvE sbid n klqovlcwr**]

Amir igAw n AnAw imrqkuhYsBwir] (Aly 88)

kmwl ! kmwl !! smJ Awel ik siqgr dl syw krnl Asl ivc Sbd dl vlcwr krnl h[vifAwel vlcwr hl siqgr dl syw hY Aqj d qk vifAwel vlcwr nhll klql qd qk Amir igAw n nhll Awegw, cwxn nhll hegw qy AIE j wxley ik j lEldy j IA mry vllg hwlly[kel cwA nhll, Ankl nhll, hr vj y iclw, Gbrwht, qkl w... [vifAwel vlcwr nhll hl itkwA qy sihj dIAW bkiSSW hXglAW[

- **mwieAwDwrl AiQ Alhw bl w...**

hwl l qk iehl smJdy sl ik ij sdy kl bhql mwieAw hll hY Ehl Alhw qy bl w hllw h[pr ieQy mwieAwDwrl dw mql b hY ij sdy mn ivc mwieAw dw ipAw hY mh h[bhqy Amir qW mwieAwDwrl hY hl hn pr iek grlb vl mwieAwDwrl ho skdw hY jkr mwieAw dl mmqw vs ah grl kw Sbd nhll skdw AqysmJdw [

- **nljw dj ik cwil Aw qw idsYKrw frwvxw]**

pihl W scdw sl ik j lv nljw AwieAw hY qy nljw hl ies sBwir qll cl w j wegw [pr vifAwel vlcwr krky pqw l gw ik ieQy nljw hX dw mql b ieh nhll asdy kpVy adwr idqy gey **sgl asdy AvgxW qll prdy aulw idq]** j d sB nll asdy Avgx idsy qW ah iBAnk qy frwvxw plql hX l g ipAw [

- **plbl ykrm**

hwl l qk smJdy sl ik plbl ykrmW dw ArQ hY ipCl y j nm ivc klqy krm [pr vifAwel vlcwr nhll sol pel ik j okrm Asll ipCl ysw klqy kl klqy j w hX qll de-cwr stklF pihl W klqy ah vl plbl y krm hn [

- vifAwel vlcwr nwl swfl Awqm bl vwn hogel h[pihl W inkl inkl gl qy fll j ldy sl pr hX sihj y sihj y sihj Aw irhw hY [

- vifAwel vlcwr nhll mn ivkwrW vwl y psw j wx qo bicAW rihllw h[swr idn vifAwel vlcwr dwrn ivcwrAw, smiJAw kel n kel Prmw gX gXldy rhldw hY so Kyw bixAw rihllw h[idl kr dy ny sAis hn- hX qW vifAwel vlcwr kdynw Cfley [vjwrl vjVAw mn vl kubl ivc Awax l g ipAw h[

- vifAvel vlcwru rwhll swllAwpxlAW gl qlAW pqw l'g rhlAW hn[pihl W l'gdw sl ik ml bhq kw j wxdl hW pr hx mhll l'gdw hY ik mhll qW kw vl nhll pqw [pihl W myw SISw Dlll w sl, hx swP ho igAw hY [
- vifAvel vlcwru klqy ibnW pihl W j d vl pwT kridAW 'mnmK' Sbd Awadw sl qy iDAwn dij AW vl j Wdw sl ik Pl W Pl W qW 'mnmK' hY[pr hx l'gdw mywAwpxyivc hl ikthyAagx hn[
- Allmly vj ynvW igAwn plpq krn dl BK l'gx l'g pel hY mn nwl JgVw SrU ho igAw hY[swrw idn cly-mvYdl vlcwr cl dl rihll hYqyAwpxlAW gl qlAW dw Aihsws qrlly hx l'g ipAw hY[
- vifAvel vlcwru rwhll AnBv ho irhw hY ik pBU dy gkW dl vlcwr Asll ies l el kr dy hW ik h0 l h0 l ah gx swfyAklr vl vs j wx[Asl gl ieh nhll ik Asll ikthy GltypwT j W ismrn klqw hY bl ik ieh hY ik iel krn nwl swfymn ivc ikhl qbdll l Awel hY[hr pl , hr idn swfw tllst hllw rihllw hY[
- mn ivc cwx ho irhw hY ik Awpxy vl j o clyw kr skdy ho kr l vo pr inrxw j o vl hwy asnl imT w krkymh l v[hkm nllmzbl l vs nhll, mnHT nwl nhll sgl KSl nwl mlh l eley [
- hx j d vl grdAwryj wdy hW j W pwT kr dy hW qW aTx l'igAW zrlr ieh vlcwr cl dl hY Aj ml kl nvl ll gl iskl hY kel n kel nvl ll gl pl yzrlr blxl hY [
- ieh ikhl cly gl hY ik grU swihb nyswllkyvl bT kyBgql krn l el nhll ikhw sgl kth kridAW vl Asll Bgql kr skdy hW[
- vifAvel vlcwru rwhll Pirnw PirAW hY ik Asll QWw bd ley h0 l bd ley Tik bd ley [

sBnW nll ibnY hY ik AwpW vl AwpAwpxy iel wky ivc Aij hw aprw w krley[hr rz Allmly vj y Sbd dl ivcwr krley vifAvel vlcwr krley- j lvn Antl nwl Br j wgw[grbwxl rpl smllr dy kly hY nwh bT y rhley sgl cBlAW l weley hr fllcBl l weley- vD, hr vD igAwn rpl rqn, j vhr, mwxk, mql iml xg[

ivS\$ nt : - sl grUgD swihb j l dl smcl bwxl dw tklw/stlk vrqn l el Awp j l

pl swihb isG ricq - sl grUgD swihb drpx j W Bvel vlr isG

j l ricq tklw j w kel vl hr grmiq Answrl tklw vrq skdy hY

Asl inSunWhY- 'ivcwrW rwhll AnBv qk pj xw'

- rYk w srbj lq isG

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